

Prenatal Enrolment form

CONFIDENTIAL : All information provided is treated confidentially

NAME DATE DUE

ADDRESS 1st / 2nd / 3rd BABY

..... CLASS STARTS/...../.....day/eve

DATE OF BIRTH RECOMMENDED BY

PHONE NO.(s): HOME WEBSITE:.....

EMAIL : MOBILE:

If another woman in the class asks, may I give her your phone number? YES / NO

OCCUPATION

PLANNED PLACE OF BIRTH: (home, hospital, birth centre)

CONSULTANTS NAME : HOSPITAL;

G.P.'s NAME MIDWIFE'S NAME/TEAM

ARE YOU HAPPY WITH YOUR CHOICE OF BIRTH PLACE?

PRE NATAL SCREENING so far: EARLY NUCHAL SCAN ? OTHER SCANS? HOW MANY?

AMNIOCENTESIS? OTHER SPECIAL TESTS?

ARE YOU LIVING WITH A PARTNER? PARTNER'S NAME

WHO ELSE, APART FROM THE MIDWIFE, IS ATTENDING THE BIRTH?

ARE YOU LIKELY TO REQUIRE A BIRTH PREPARATION CLASS?

DO YOU INTEND TO BREASTFEED?

ANY CURRENT HEALTH PROBLEMS?: eg. Varicose Veins Back Pain Piles Heartburn

High Blood pressure Depression Other

GENERAL HEALTH (any current medication)

ANY PAST INJURIES (eg neck, back, joints, pelvis)?

GYNAE/OBSTETRIC HISTORY (any previous complications, miscarriage, operations, IVF, etc.)

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PREVIOUS BIRTHS: (Date, place and relevant info)

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PLEASE GIVE DETAILS OF ANY OF THE ABOVE OR ANYTHING ELSE THAT YOU FEEL MAY BE OF RELEVANCE (eg Asthma, bereavement etc)

(Please approach me after the class if you would like discuss anything that is of a personal nature).

PLEASE SIGN: I agree to inform the teacher at the beginning of any class should any changes appear in the above information, or if any medical, physical or emotional problem arises while attending the classes. The decision to perform any form of exercise remains the individual's and the teacher cannot accept any responsibility for problems during or outside a class. If you are in doubt as to you or your baby's fitness, consult a GP beforehand. I understand that I participate in all yoga or aqua yoga classes at my own risk and that any loss, damage or injury or other mishap will not be the responsibility of the teachers. I confirm that I am 14 weeks or more pregnant before the start of the course.

SIGNED DATE